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Smooth sounds and smooth moves: Some of the best things at Jazz Fest are free, and we've got the pictures to prove it **PAGE 4**

Go ahead, punk, make my decor

Forget the safety pins: Punk-rock-themed accessories are one of the biggest trends in home decorating **PAGE 18**

EYE OF THE RIDERS

CAN THE GREY CUP HOSTS' REVAMPED ROSTER MAKE 3 TIMES STILL THE CHARM? **PAGE 21**



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LOVE RULES THE DAY

Supporters of gay marriage embrace outside the U.S. Supreme Court in Washington on Wednesday, after the court cleared the way for same-sex marriage in California by holding that defenders of that state's gay-marriage ban did not have the right to appeal lower court rulings striking down the ban. It was a day of two separate and significant victories for gay rights, as the Supreme Court also struck down a provision of a federal law denying federal benefits to married gay couples. Story, page 5.

CHARLES DHARAPAK/THE ASSOCIATED PRESS/THE CANADIAN PRESS

A waiting game for flood evacuees

Crews scramble to save community. Cumberland House, First Nation residents flee as river rises

About 1,000 rural Saskatchewan flood evacuees are in Saskatoon, Prince Albert and other communities, while crews struggle to save their town and First Nation from incoming high water.

The Saskatchewan government is scrambling with contractors to construct berms in the Cumberland House area — cut off by a closure of its main road — in advance of flood-water rushing in from the west on the Saskatchewan River.

"We have a few days before the water peaks in that community," Duane McKay, head of emergency management for the province, said on Wednesday in Regina.

"A lot of contractors went in just before the road closed. Some of that includes excavators ... dump trucks, loaders and bulldozers. All of that



Evacuees Laurent Goulet and Melinda Vallier sit outside the Henk Ruys Soccer Centre in Saskatoon.
MORGAN MODJESKI/METRO

equipment is in there, and they're working 24 hours a day. We anticipate it will be two or three days more before the major parts of the berm builds are completed."

Approximately 240 of the more than 2,000 Cumberland House residents are staying in Saskatoon. About 180 evacuees are at the Henk Ruys Soccer Centre, while another 60 are in hotels throughout the city.

Evacuees have recounted their experiences in being forced from their homes because of the rising river, saying it was a fast and turbulent process.

"It was kind of hectic, actually. Everybody was getting into vans and people didn't

know where their kids were at times, because they were just throwing people in vans," said Melinda Vallier, while sitting with her partner, Laurent Goulet.

"The water was coming in really fast," said Goulet. "We had to get out of there fast before the roads flooded."

Though the residents have been brought out of their homes, their pets have been left behind due to a lack of space for them to be moved to. The province is, however, taking action to keep them looked after.

"Everything is moving in and out of the community by helicopter," McKay said at the government's emergency operation centre.

"We've moved about 1,500 pounds of dog food into the community. And we've organized, under the authority of the community, groups that will go around and check the family houses and make sure the pets are exercised, and that they get some water and food so they're nice and healthy when the families return." **ROSS ROMANIUK AND MORGAN MODJESKI/METRO**

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West-central Sask. man dies after contracting hantavirus

Contact. People are exposed to the virus by inhaling contaminated air particles from the droppings of deer mice

MARCO
VIGLIOTTI
Metro in Regina

One man in west-central Saskatchewan has died after contracting the hantavirus, and another death in the region could be linked to the rare but potentially fatal ailment, health officials announced Wednesday.

Officials refused to disclose any personal information, but said both were adults — a man and a woman — and hailed from the Heartland Health Region, which includes Kindersley and Rosetown.

While declining to provide details as to how the adults contracted the disease, Dr. Saqib Shahab, the province's chief medical health officer, explained that the hantavirus is an airborne illness spread by deer mice — a rodent seen

Deer mice

Word of caution

The Saskatchewan government is urging residents to take caution this summer to avoid exposure to deer mice droppings and urine.

Health officials say people can greatly reduce their chances of contracting the virus by properly ventilating buildings that often attract mice. They advise residents to open windows and doors for 30 minutes before entering a building, in addition to blocking openings the mice might use to get inside.

Bleach or damp cloths can be used in areas contaminated with rodent droppings to reduce the chances of the hantavirus becoming airborne. **METRO**

throughout Saskatchewan.



Dr. Saqib Shahab, the province's chief medical health officer, said the hantavirus is an airborne illness spread by deer mice. Deer mice, inset, are a rodent species found throughout Saskatchewan. MARCO VIGLIOTTI/METRO; INSET/CONTRIBUTED

People are exposed to the virus by inhaling contaminated air particles from the rodent's droppings. In fact, officials say it is rare for someone to contract the virus after being bitten by a mouse.

In most cases, Shahab said, people come into contact with the virus when cleaning out

door lodgings such as cabins or farms that are frequented by the rodents.

"In almost (all) cases there is some history of cleaning up a shed or garage," he said. "That's the most common exposure."

Though the virus is rarely contracted — there have been only about 70 cases in Canada

since 1989 — Shahab said it is fatal about one-third of the time.

Before this recent case, the last reported death in the province from the virus was in 2011.

Most reported hantavirus cases in Saskatchewan come from the west-central region, Shahab added.

Emergency response

River still poses a danger: City

With water being released into the South Saskatchewan River from the now stabilized Gardiner Dam, the City of Saskatoon has downgraded its emergency response from level two to level one.

However, as water is not

expected to return to a normal level for another seven to 10 days, the city continues to warn residents that the river is a dangerous place.

"We're getting no indication that there will be any changes at this point," said Dan Paulsen, general manager of Saskatoon Fire and Protective Services.

"But it's still moving at that 2000 cubic meters per second." **METRO**



The South Saskatchewan River
METRO

Health

Province sets up prostate centres to get men tested

A new way to help men with prostate cancer has officially launched in Saskatchewan.

The Saskatchewan Prostate Assessment Pathway makes it easier for men to

get tested, find information and get medical advice.

Assessment centres are located at St. Paul's Hospital in Saskatoon and Pasqua Hospital in Regina.

Specially trained nurses at those centres are able to spend more time with patients either in person or by video.

The centres began accepting patients in May.

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1 Stompin' at the Savoy.

Glen and Elinor Wright show off their dance moves at the PotashCorp Club Jazz free stage in Friendship Park.

2 I've got the blues.

Ernie Kurz of Earnest Ernie's Pan Fried Blues plays the harmonica on the PotashCorp Club Jazz free stage.



3 The frim fram sauce.

Hungry festival goers line up at one of the many food vendors serving up some delicious treats at the free stage in Friendship Park.

And all that jazz



4 A wink and a smile.

Claire Miller and her mother Rebecca dance to the music at the PotashCorp Club Jazz free stage on Wednesday.

5 Satin Doll.

At the 2nd Avenue Grill free stage, The Lost Keys perform some smooth jazz.

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Thursday, June 27, 2013

NEWS

05

Bombshell. Patriots' Hernandez charged with murdering a friend



Aaron Hernandez, left, stands with his lawyer, Michael Fee, in court in Attleboro, Mass., on Wednesday. THE ASSOCIATED PRESS/POOL PHOTO

New England Patriots tight end Aaron Hernandez was arrested and charged Wednesday with murdering a friend.

The bombshell development came more than a week after Boston semi-pro football player Odin Lloyd's bullet-riddled body was found in an industrial park about a mile from Hernandez's home.

Prosecutors say Lloyd had angered the NFL player at a nightclub a few days earlier by talking to the wrong people.

Hernandez, 23, was taken from his North Attleborough, Mass., home in handcuffs on Wednesday morning.

About two dozen supporters cheered, some yelling, "We love you, Aaron."

Quoted

"It is at bottom a circumstantial case. It is not a strong case."

Michael Fee,
Hernandez's lawyer

Less than two hours after the arrest, the Patriots announced they had cut Hernandez, a 2011 Pro Bowl selection who signed a five-year contract last summer worth \$40 million.

Lloyd was a 27-year-old athlete with the Boston Bandits who was dating the sister of Hernandez's fiancée.

He was shot repeatedly in the back and chest on a secluded gravel road, authorities said.

Hernandez "drove the victim to that remote spot, and then he orchestrated his execution," prosecutor Bill McCauley said.

Lloyd's family members cried and hugged as the prosecutor outlined the killing. Two were so overcome with emotion that they had to leave the courtroom.

If convicted, Hernandez could get life in prison.

Hernandez's lawyer, Michael Fee, asked for bail, saying Hernandez is not a flight risk. The judge ordered Hernandez held without bail.

THE ASSOCIATED PRESS

The puck drops. Teen hockey player charged with on-ice assault

A 17-year-old hockey player has been charged with assault causing bodily harm after an on-ice incident.

It happened during a game in Woodstock, Ont., police said Wednesday. It's alleged a player was assaulted by another player.

"The decision to lay a criminal charge was not taken lightly and was based

on an objective review of the evidence, including video evidence, and on factually based legal opinions from the Crown attorney's office," said Woodstock police Chief Rod Freeman.

The 17-year-old who is charged cannot be identified. He is to appear in court on July 11.

THE CANADIAN PRESS

Pot of gold at the end of the rainbow flag

Historic decision.

Top American court ruling gives same-sex couples a full array of tax, health and pension benefits

A marriage made in Toronto was at the heart Wednesday of a landmark U.S. Supreme Court ruling on gay marriage.

The top court struck down the Defense of Marriage Act on a historic day that also cleared the way for same-sex marriage in California.

The ruling on the federal U.S. legislation known as DOMA gives spouses in same-sex unions a full array of tax, health and pension benefits.

The challenge to the legislation was spearheaded by 83-year-old Edith Windsor, a New Yorker who married her longtime partner, Thea Spyer,

President's choice

- U.S. President Barack Obama hailed the U.S. Supreme Court's ruling that people in same-sex marriages are entitled to the same federal benefits as heterosexual married couples.
- The court "has righted a wrong and our country is better off for it," Obama said. "This was discrimination enshrined in law," he added.

six years ago in Canada.

When Spyer died in 2009, the federal government cited DOMA to force Windsor, who's now ailing, to pay \$363,000 in taxes on her late wife's estate — taxes that wouldn't have been levied if she'd been married to a man.

THE CANADIAN PRESS

Gay premier

Wynne tweets her happiness

Canada's only openly gay premier welcomed an historic U.S. Supreme Court ruling.

"I am so happy for our neighbours to the south," Ontario's Kathleen Wynne posted on Twitter.

Wynne, 60, included a link to a video in which she talks about the day she married her partner, Jane Rounthwaite.

THE CANADIAN PRESS



Rainbow flags fly proudly at San Francisco City Hall after the U.S. Supreme Court's landmark gay-marriage decision. JEFF CHIU/THE ASSOCIATED PRESS

Where's Snowden? Ecuador playing it cool over asylum

Moscow's main airport swarmed with journalists from around the globe Wednesday, but the man they were looking for, National Security Agency leaker Edward Snowden, was nowhere to be seen.

The mystery of his whereabouts only deepened a day after President Vladimir Putin said Snowden was in the transit area of Sheremetyevo Airport.

There were ordinary scenes of duty free shopping, snoozing travellers and tourists sipping coffee but no trace of America's most famous fugitive.

Adding to the uncertainty,



Ecuador says it could take months before it decides to grant asylum to America's most famous fugitive, Edward Snowden. THE ASSOCIATED PRESS FILE

Ecuador's foreign minister said it could take months to decide whether to grant asylum to Snowden.

Snowden, who is charged

with violating American espionage laws, fled Hong Kong over the weekend and flew to Russia.

He booked a seat on a Ha-

vana-bound flight Monday en route to Venezuela, but didn't board the plane. His destination was believed to be Ecuador.

Putin insisted Tuesday that Snowden has stayed in the transit zone without passing through immigration and is free to travel where he likes.

But the U.S.'s move to annul Snowden's passport may have severely complicated his travel plans.

Exiting the transit area would require either boarding a plane or passing through border control, both of which require a valid passport or other documentation.

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NEWS

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Thursday, June 27, 2013

Ousted Australian sworn back in as PM

Reborn. Former leader resigns after being booted by colleagues in party coup

Kevin Rudd was sworn in as Australian prime minister on Thursday, three years after he was ousted from the same job in an internal government showdown.

His office could not immediately confirm whether Rudd would replace his predecessor, Julia Gillard, in a visit to Indonesia that had been scheduled for next week. Gillard was dumped on Wednesday by colleagues spooked by the party's dismal showing in opinion polls.

Governor-General Quentin Bryce commissioned Rudd within half an hour of Parliament resuming for what is

Changing course

"We are on course for a catastrophic defeat unless there is change."

New Labour party leader Kevin Rudd, before a vote held to oust Julia Gillard

likely to be its last day before elections.

Rudd has yet to say when he will announce his com-

plete cabinet after seven ministers resigned following Gillard's ouster.

Rudd faces a possible no-confidence vote in Parliament, which he will likely survive although a loss could trigger an election as early as Aug. 3.

Gillard tendered her resignation as prime minister on Wednesday night after losing a ballot of ruling parliamentarians to Rudd 57 votes to 45.

THE ASSOCIATED PRESS



Ousted politician Julia Gillard speaks to the media. RICK RYCROFT/THE ASSOCIATED PRESS

Environmental Defence. Toxins found in blood of newborns, report shows

Detectable levels of a large number of environmental chemicals have been found in the cord blood of some newborns, raising concerns that Canadian children already carry toxins in their bodies at birth, a report says.

The report by Environmental Defence released Wednesday suggests babies are exposed to chemicals in the womb because pollutants are so pervasive both in the environment and in widely used consumer products.

"This is evidence that our babies — who are ex-

remely vulnerable — are being burdened with a toxic chemical load before they are born," said Maggie MacDonald, the organization's toxics program manager.

Because a growing fetus is going through rapid cell division, exposure to chemicals is particularly worrisome, since some compounds mimic the effects of hormones, the group said.

They tested the umbilical-cord blood of three anonymous newborns in Toronto and Hamilton, finding a total of 137 chemicals. THE CANADIAN PRESS

Sweet, sweet charity

Buy a doughnut to fund flood relief

Tim Hortons patrons wanting to help with flood relief might want to consider ordering an Alberta Rose with their coffee in the next little while.

The chain restaurant says it has created a special doughnut by that name

that will be sold for \$1 at its Alberta outlets for a limited time.

Tim Hortons says all the money raised will be donated to Red Cross flood relief efforts in southern Alberta.

The rose-shaped disaster doughnut is vanilla-dipped, has a yellow Venetian cream centre and is topped with pink, red and white strawberry bark.

THE CANADIAN PRESS

Canadian ship could be used in researcher's sasquatch odyssey

American researchers believe a high-tech airship created by a company in the Alberta hamlet of Lac La Biche could solve the mystery of the sasquatch once and for all.

Utah-based bigfoot researcher William Barnes is trying to raise \$300,000 to buy a helium-filled airship that would quietly float over dense North American forests and use thermal-imaging equipment to film footage of the legendary — not to mention elusive — creature.

An official fundraising drive for the venture, which has been dubbed the Falcon Project, kicked off last Saturday in Oregon with an all-day symposium.

The project's founder said that after a personal encounter with a bigfoot in 1997 and more than a decade spent talking to sasquatch researchers, he came up with the idea to use unmanned aerial surveillance to record the fast-moving nocturnal primate.

"We don't want to bother them, we just want to study them," Barnes said.

That's where Stephen Bark-



If \$300,000 in funding is secured, researchers hope this camera-equipped airship, designed by a Lac La Biche, Alta., company, will photograph the elusive bigfoot. CONTRIBUTED/REMOTE AERIAL TRIPOD SPECIALISTS

ley, president of Remote Aerial Tripod Specialists Inc. (RATS), fits in.

His company in Lac La Biche has designed the aircraft to be used for the ambitious aerial undertaking.

"If it wasn't for his (Barkley's) innovation of this type of airship, this would never

work," Barnes said.

In his 15 years of running RATS, a business that provides blimps and airships for outdoor advertising and photography, the entrepreneur said this is one of the most extraordinary projects he's taken part in.

ANNALISE KLINGBEIL/
METRO IN EDMONTON

Spotted

"I was scared. My heart was beating so hard I could feel it in my eardrums."

William Barnes, describing an encounter he says he had with a sasquatch

Stranger returns \$100 to mother

Jennifer Tanner has a renewed faith in humanity — all thanks to her own mistake.

When the Halifax resident lost two \$50 bills early Tuesday morning, she was annoyed and told herself she'd never get the cash back.

But while heading to her car after her shift at Halifax's QEII Health Sciences Centre that same day, one of Tanner's co-workers spotted a notice advertising someone had found a sum of money.

"I was shocked," Tanner said when she saw the posters, stapled to trees near where she

had dropped the money for her daughter's birthday present.

She called the number on the posters and described how the \$50 bills were folded in half, that they were the new plastic type, and when they

Faith renewed

"These are the good news (stories) that we need to hear."

Jennifer Tanner, who was surprised to find out that a Good Samaritan who had found \$100 she had lost wanted to return it

were lost.

"He said, 'You're the winner,'" grinned Tanner Wednesday afternoon. "I didn't even know what to say to the guy. I was speechless."

Derek Estabrook had been running with friends Tuesday morning around 6:30 a.m. when he noticed the red bills on the ground.

He said he had kept some found coins and smaller bills before but this "felt different."

"It's not just pocket change that fell out," Estabrook said.

Estabrook made the posters before going to work, and said

that although he was worried a lot of people would call, Tanner was the only one.

"Anything I would've bought with that money I would've felt guilty about," he said.

Tanner's husband picked up the cash Wednesday from Estabrook's office. She said she wants to tell people about it so we all "pay it forward" more often.

Estabrook said he was happy to return the money, but was surprised Tanner has been telling everyone how much his act of kindness meant to her.

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Canada at work

Statistics Canada released its second batch of figures Wednesday from its voluntary National Household Survey, looking at labour, education, the workplace, commuting, work language, mobility and migration. Here's a roundup of four things you need to know:

THE CANADIAN PRESS



Commuting

Some 15.4 million Canadians endure a daily commute to and from work, most of them behind the wheel. Four out of five commuters took a private vehicle, while 12 per cent took public transit, up from 11 per cent in 2006. The disproportionate popularity of driving in the age of climate change may boil down to a single factor: Time. Private-vehicle commuters spent an average of 23.7 minutes getting to work, nearly half the 40.4 minutes it took bus riders.

Post-secondary education

For the first time women have bypassed men in terms of post-secondary education, with 64.8 per cent of working-age women having a post-secondary education, compared with 63.4 per cent of men. Women accounted for 59 per cent of Canadians aged 25 to 34 with a university degree, compared with 47.3 per cent of their 55- to 64-year-old counterparts.



Temporary foreign workers

More than 330,000 workers live and work in Canada as part of the federal temporary foreign worker program — a number that has nearly tripled over the past 10 years, with the bulk of those job-seekers going west in search of work. The program was originally designed to attract skilled employees to address temporary labour shortages. The emphasis shifted in 2002 to low-skilled workers, such as those in the food and beverage industry, construction and retail.

Cyclists

The latest batch of data shows no difference in the percentage of Canadians who rode their bike to work in 2011 and 2006. That number remains unchanged at 1.3 per cent. That works out to 201,785 cyclists out of more than 15 million commuters. Another 880,800 commuters, or 5.7 per cent, reported walking to work each day.



No takers so far on Trudeau's offer to refund speaking fees

Justin Trudeau has yet to pay back a dime of the public-speaking fees he earned while sitting as an MP.

The Liberal leader promised 10 days ago to reimburse any group that feels it didn't get its money's worth.

But a spokeswoman says no group has sought repayment — other than the Grace Foundation, a New Brunswick charity that first sparked the controversy over Trudeau's past moonlighting on the public-speaking circuit.

And it's not entirely clear whether even the foundation still wants its \$20,000 back.

Kate Monfette says Trudeau last week asked the foundation to specify whether it wants its money back in cash or "some other arrangement," such as having him headline another fundraising event — for free, this time.

She says the foundation has yet to respond.

Foundation board member Susan Buck first wrote in March to the Speakers' Spotlight, the agency through



Liberal Leader Justin Trudeau speaks at a news conference on Parliament Hill in Ottawa on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

which Trudeau was hired for a June 2012 fundraising event, to seek a refund on the grounds that the event actually lost money.

The letter wound up being circulated by Prime Minister Stephen Harper's office earlier this month and became fodder for a concerted Conservative offensive against Trudeau

for taking money from charities rather than donating to them.

Trudeau voluntarily disclosed last February that he's earned more than \$1.3 million on the public-speaking circuit since 2006, including \$277,000 from 17 groups since he was first elected in 2008.

THE CANADIAN PRESS

Alberta floods

High River evacuees still stranded

The Alberta government says any return by residents to the town hardest hit by flooding is still days away. The mayor of High River had suggested that a timeline to go back was close, but Rick Fraser, the government member appointed to oversee the town's recovery, said Wednesday that it was still being finalized. Crews are still working, he said, to restore basic services.

THE CANADIAN PRESS

Assault charges

Driver attacked by sword-wielding pedestrian

A 25-year-old Pickering, Ont., man is facing charges after a pedestrian pulled a sword from his pants and threatened a driver he'd accused of blocking a crosswalk. The motorist suffered minor injuries. Mudasser Sheikh is charged with two counts of assault with a weapon.

THE CANADIAN PRESS

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RetailMeNot offers Canadian website

Online deals. Coupon destination aims to create 'more relevant' experience for buyers north of the border

Some savvy shoppers never complete an online purchase before launching a quick search to see if any money-saving coupons are available online.

The option to insert a coupon or promo code during checkout is a good hint that the e-tailer may be offering discounts to those in the know.

In the U.S. and other markets around the world, RetailMeNot — which logged more than 450 million visits globally in 2012 — is a top destination for finding those coupons.

And plenty of Canadians have also been using the search tool, even if it wasn't set up to offer discounts in Canada.

On Wednesday, the company announced the launch of RetailMeNot.ca to better serve the scores of Canadians that have already been using the site in search of deals.

"We should've been here probably a while ago," said head of communications Brian



RetailMeNot.ca has coupons and specials from retailers including Aeropostale, Roots, Banana Republic, J.Crew, Lowe's, Sears and Starbucks. SCREENGRAB/RETAILMENOT.CA

Hoyt.

"We've had millions of visits from Canadian consumers coming to the U.S. site and quite frankly we were offering them a sub-optimal experience. Now we've created something that's more relevant to them."

Canadians who visit the site will see coupons and specials from retailers including Aeropostale, Banana Republic, J.Crew, Lowe's, Roots, Sears and Starbucks. Some of the deals aren't exclusive to the site and are the same specials consumers would see in a flyer or at a store's website.

Canadians can still access RetailMeNot.com with its database of U.S.-based coupons and deals and Hoyt said he expects that side of the site will be a little more popular than the .ca section.

"We think it's going to follow the split you see in e-commerce overall for the Canadian market," said Hoyt.

"I think our site's a good overall indicator of the direction that e-commerce is going in." He estimated the split to be 60 per cent interested in U.S. sites and 40 per cent for Canadian sites.

THE CANADIAN PRESS



The Canadian Cattlemen's Association said the shutdown at a Cargill plant near High River, Alta., shouldn't pose big problems for the beef industry unless it lasts for more than 10 days. GETTY IMAGES FILE

High River, Alta. Floods force Canada's largest beef plant to stop slaughtering

Flooding in southern Alberta has forced the largest beef plant in Canada to stop slaughtering cattle.

Cargill Ltd.'s facility outside High River depends on large volumes of clean water from the town's treatment plant, which hasn't been working since floods heavily damaged the community.

Brigitte Burgoyne, a company spokeswoman, said the meat packer stopped slaughtering cattle last Thursday and won't be able to resume until High River's water plant is fixed.

"We are hoping to get the

process up and running in the next week or so, but we still don't have a clear date as to when that will be," Burgoyne said Wednesday.

"Due to the nature of this natural flood disaster, decisions related to the resumption of beef production are going to be made on a day-to-day basis until we are back in full operation."

Cargill said on Wednesday afternoon its 2,000 union and non-union workers were to finish packaging the meat slaughtered before the plant was closed. No one has been laid off. THE CANADIAN PRESS

Cash flow. Leading YouTube channels pull in six figures

It seemed like an Internet hoax to the parents of Laine Gleason when he signed a contract to make gaming videos on YouTube.

He was, after all, staying up to 5 a.m. at his parent's house on Vancouver Island, playing Call of Duty and making Internet videos about it. How was a second-year university drop-out ever going to make money, especially on the Internet?

"Career-wise, it's going from just playing video games with your friends, uploading some silly videos to YouTube to, you know, a career. It's definitely been a mind-blowing experience for me," said Gleason, 23.

The top 1,000 YouTube channels are pulling in an average six-figure salary, earning an average of \$23,000 a month, according to data compiled by MDG Advertising. Those same top-tier channels are generating a massive amount of activity online:

By the numbers

\$23K

The top 1,000 YouTube channels are earning an average of \$23,000 a month, according to research by MDG Advertising.

25 million comments and 55 million "like" ratings each month.

Gleason's channel, IAmTheAttack, boasts more than 170,000 subscribers. Many of his video-game videos have more than 200,000 views. Online success aside, how much of that traffic is translated into real cash?

"To give you an idea, I've been supporting myself and my fiancée for the last two and a half years, just from YouTube alone," Gleason said.

His channel just barely cracks the top-100 list of YouTube channels in Canada by subscribers.

THE ASSOCIATED PRESS

Selling strategies

Care for some Coke on your cereal?

Get people to swap tea or coffee for soft drinks with breakfast — that's one of the strategies Coca-Cola's main bottler in Europe is targeting to boost sales in the United Kingdom.

Coca-Cola Enterprises Inc. issued a report last week identifying ways it can increase sales over the next five years in the region. One category entitled Complete the Meal notes that breakfast is often referred to as the most important meal of the day, with about a quarter of all drinks being consumed before 10 a.m.

"How do we motivate people to make soft drinks, like smoothies, juices and other on-the-go products, part of their morning ritual in the same way as tea or coffee?" the report asks.

THE ASSOCIATED PRESS

Mobile market

Verizon's interest in Canada sends shares of big three tumbling

The impact of the potential arrival of American giant Verizon in Canada's cellphone market has left analysts divided, with some seeing benefits for consumers and others a lot of negatives.

Verizon, the largest U.S. carrier, has almost 100 million subscribers, easily dwarfing the combined 25 million held by Rogers Communications, Telus Corp. and Bell Inc.

News that it was in the market for some of Canada's smaller players sent the shares of the big three Canadian companies tumbling on Tuesday.

THE CANADIAN PRESS

Market Minute

DOLLAR
95.43¢ (+0.27¢)

TSX
11,951.90 (-53.51)

OIL
\$95.50 US (+18¢)

GOLD
\$1,229.80 US (-\$45.30)

Natural gas: \$3.71 US (+6¢)
Dow Jones: 14,910.14 (+149.83)



Wellies and rucksacks mean its Glastonbury time

Gates opened Wednesday at a U.K. dairy farm that will be hosting one of the largest music festivals in the world — Glastonbury Festival of Contemporary Performing Arts. While some arts and music festivals struggle to sell tickets, Glastonbury, now in its 43rd year, sold out in minutes before any of the headliners had been confirmed. The festival, which started in 1970 when several hundred hippies paid one pound to watch Marc Bolan, now attracts more than 175,000 people over five days. Arctic Monkeys, Mumford and Sons and the Rolling Stones are playing. MATT CARDY/GETTY IMAGES

TAKE THE ROAD LESS ARGUED

As I get older, I fear I may be slipping into the deep, dark abyss of bright, easy vacations.

The horror, the horror.

I'm in Amsterdam at the moment, and it's about as easy as it gets, unless you're allergic to bicycles, fear small serving sizes and can't tolerate tolerance. (Toronto Mayor Rob Ford would hate it here.)

I've always prided myself on my ability to fling myself into strange places with just a tent and a backpack and my wits — all three smaller than you might imagine. But more and more often when I travel I find myself striving for the easy way in. Niagara Falls, not Victoria Falls. Hotels, not hostels.

It makes me vaguely sad, and has me worrying I'll regress into that guy on the tour bus with the Hawaiian shirt asking if "you all get McDonald's around here."

I've been having a running debate with myself during this trip about the "right way" to travel. If you've never been to the Munk Debates, it's just like that. If you have been to the Munk Debates, never mind.



HE SAYS
John Mazerolle
metronews.ca

It goes like this:

Easy: Vacationing should be easy, duh. That's why it's called a vacation. Probably. I'm lying here on vacation and I'm too lazy to look it up.

Hard: Get up, you sack of suet. Travelling should be a challenge. I can relax at home. I see Facebook cover photos of people's toes on beaches and their feet scream at me like Chekhov's gun. Use them before it's too late!

Easy: Gee, you sound like a blast to travel with. If you have the means to enjoy yourself, do it. Don't deny it because of some misguided need to feel cool. You're like the guy who orders suicide wings just to say you did, even if it's as enjoyable as getting a live chicken to peck at your face.

Hard: At least that's a story to tell. You have a whole world to explore, full of wonders and dangers and excitement, and when you come back all you'll be able to say to people is that it was "nice."

Easy: It isn't always easy. I just paid four euros for 200 millilitres of Pepsi. Who wants 200 ml of anything?

Hard: Well, that's certainly worthy of Jacques Cartier. Do you

think you'll be OK?

Easy: You're such a snob.

Hard: Snob?

Easy: Snob.

(Reminder: Just like the Munk Debates.)

Easy (cont.): You treat travelling like a private club, where the only people deemed worthy are ones who have seen enough to be considered cool, like there's a velvet rope around developing countries or something. I don't need a VIP ticket to see the Earth, snob.

Hard: You know what's snobby? Expecting to be waited on hand and foot by people making crap money while you lounge around doing nothing. All you need is a vomit bucket and you're Julius Caesar. And from what I've heard about cruise ships, you might need that bucket.

Easy: I don't want to argue anymore. I'm on vacation.

Hard: I'd rather be challenging myself anyway. Let's get a drink.

Easy: 200 ml of Heineken would go down easy. You're paying.

Hard: That's what I'd prefer.

(Reminder: If you'd like a transcript of this important debate, you should get out more.)

ZOOM

One way to get ahead in life



SAN ANTONIO ZOO/THE ASSOCIATED PRESS

Two-headed turtle makes its debut

Thelma and Louise, a two-headed Texas cooter turtle, is seen at the San Antonio Zoo. Zoo officials on Tuesday said the Texas cooter was born June 18.

The turtle was one of

several Texas cooters born this month at the zoo, but the only one with two heads. The zoo is no stranger to two-headed reptiles. The facility was home to a two-headed Texas rat snake named Janus from 1978 until the creature's death to 1995.

THE ASSOCIATED PRESS

Let's put our heads together

- Zoo spokeswoman Debbie Rios-Vanskike said the two-headed turtle appears healthy and is able to swim and walk. She says experts at the

zoo don't foresee any health issues for Thelma and Louise, named for the female duo in the 1991 Oscar-winning road movie of the same name.

Clickbait



LUKE SIMCOE
Metro Online

Are you tired of composing text messages with 26 measly letters and a few punctuation marks? Give these apps a spin to add some visual flair to your texting game.



Emoji:

While most North Americans are familiar with the iconic :) smiley face, Japanese texters have taken pictographs to a whole new level. Newer iPhones actually have a built-in emoji keyboard (you just have to enable it under the international keyboards setting), but there are a host of apps available for Android users and Apple laggards.

gif. The iOS edition even integrates with your camera to let you stick pics on top of your friends' faces.

SMS Rage Faces:

Popular on social sites like Reddit and 4chan, these pictures can be used to express the full gamut of online emotion, from rage at reading the comments section to the shock and awe of a cute cat

Look of Disapproval: Similar to Rage Faces, this app lets you copy and paste all kinds of unicode emoticons into your texts. From Big Ears Sad Look to Hitler Look Of Disapproval, there's something for everyone.

Twitter



@metropicks asked: Coca-Cola will try to get Brits to swap their morning coffee for pop. Would you make the switch?

@theunshakable1: Why? The British bad teeth stereotype isn't bad enough? Really trying to drive that point home...

@FrenchmanCanada: Totally! I've always wanted to be morbidly obese and contract diabetes.

@LauraBabcock: barf

@GiseleLumsden: Really? Ewww

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

2 SCENE

Florida Georgia Line cruising

Live show. Commercial success has been good to the duo but they attribute their success to trying to make fans not land record deals



**BACKSTAGE
PASS**

Simon Hiatt
saskatoon@metronews.ca

Life on the road away from home can take its toll on a band and their relatives, but there are no such worries for the boys in Florida Georgia Line who feel like they are travelling with family.

While they aren't related by blood, Tyler Hubbard and Brian Kelley may as well be.

"We've kind of built a family out here; me and BK have been best friends for a long time. We used to live together in the same house with three other guys and we've pretty much been like brothers for the last three or four years," Hubbard said in a telephone interview from Nashville.

Big acts

Florida Georgia Line will be spending time opening up for some big names over the next couple of months

- **Shows.** The acts include Taylor Swift and Luke Bryan, but Hubbard says they are looking forward to their upcoming Canadian dates where they are headlining the shows.



Tyler Hubbard and Brian Kelley of Florida Georgia Line play TCU Place Friday night. ADAM TAYLOR

It was in that Mecca of country music that the pair first met while attending Belmont University in 2009. They began writing together and say their bond has only grown tighter since they began touring and rose to country music stardom.

"It's a cool thing, when we go home and are apart for three or four days it kind of feels weird now and we're ready to get back on the road with our family," said Hubbard.

Their success has caused that family to grow and adopt a few unlikely members. They attracted the attention of hip hop artist

Nelly, who they now refer to as an "older brother", which led to a collaboration and a hit single with the remix of their song Cruise.

"Nelly's a big fan of what we're doing and we're big fans of his and have been for years," said Hubbard. "We've developed a friendship and he's been really cool and taken us under his wing. He's always got advice and words of wisdom and he's just a fun guy to hang out with."

The success of Cruise helped take the band to the next level and has led to some unique opportunities. They recently played with

Nelly during the finale of the reality show The Voice.

"It was a huge honour, we were blown away. It's live so you have no room for mistakes and there's sixteen or seventeen million people watching, so it was definitely a little nerve-racking, but we had a blast"

Hubbard attributes their rise to fame to being focused less on the business side of things and more on the listener.

"Our motto was we were trying to get fans instead of getting a record deal."

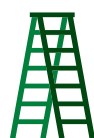
But if commercial success wasn't the main goal,

it has certainly been a by-product of their approach. They received a pair of awards for New Vocal Duo and New Artist of the Year at the American Country Music Awards and three CMT Award Nominations. And their new single Get Your Shine On went to number one.

"We pinch ourselves pretty much every day," said Hubbard. "It's a dream come true and it's been nonstop and it motivates us to work even harder and keep this ball rolling."

Florida Georgia Line play TCU Place Friday at 7:30 p.m.

Sharability



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hard

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SCENE

11

Sitcom veteran's return will make for a good Knight

The Exes. Seinfeld's Newman and Jurassic Park's Dennis Nedry may define Wayne Knight but there is more to his career and him than those nasty guys

MATT PRIGGE

Metro World News in New York City

Wayne Knight's legacy is sealed, thanks to two major contributions to 1990s culture: Newman on Seinfeld and greedy Dennis Nedry in Jurassic Park. Knight returns to sitcom work with TV Land's *The Exes*, now starting its third season, which also reunites him with his *Third Rock From the Sun* co-star Kristen Johnston. But like many old workhorses, there's more to him, including films, shows and Broadway work. For instance, did you know he was on a 1980s sketch comedy show with Emma Thompson?

What's it like returning to sitcoms?

Basically the nature of the job is equivalent to stealing. Once you've learned how to pilfer, you remember how to do it, it's highly profitable, and it takes little effort.

You've said one thing you like about your Exes character is he's a bit opaque, and you can play him in different ways.

This season we get to see a bit more variance. We peel away revelations about what his marriage was like. There's depth to him that doesn't show all the time. There's broadness at times. There's cynicism. It just depends on where he is in the plot.

Do you consciously try to avoid some of the darker tones of Newman or Dennis Nedry?

It's more in the public's eye than mine. I don't know if I'm as versatile as I'd like to pretend (laughs). The thing is if you play two iconic characters who are evil guys, if you do it well, then that's what people want to see you do. I spent 19 years trying to change that, but after awhile you just go, "Oh, whatever."



Wayne Knight will star alongside former *Third Rock From the Sun* co-star Kristen Johnston in *The Exes*. GETTY IMAGE

Do you have a strong rapport with your cast mates?

Everyone assumes that when you're doing a show with people, you're intimate and you're going to go over to their house and you go out on a boat together. That's not necessarily the case. Often times you'll have the wolf and the sheepdog thing — "Hi, Ralph," "Hi, Fred." Then you go home. I find that everything on this set gets along. We have great respect for each other.

You started as a serious stage actor when?

I came to New York at 23, and was on Broadway for this play *Gemini*, which was a comedy. I honed my chops over three years of doing that play. What was fascinating to me (was) learning how an audience works. You just learn these things about comic timing.

One of your earlier shows — the 1985 British-American sketch comedy *Assaulted Nuts* — had you working with Emma Thompson. What was the experience of that show?

It was an interesting thing, partly because Emma Thompson was in it. This was before she became Dame

Emma. We're still friends, because I just think when you find somebody like that you try not to let them go. It was three British actors and three Americans and it was airing simultaneously on Cinemax and Channel 4 in Britain. It sunk in the middle of the ocean, because you're trying to combine British and American sensibilities. I don't know if it worked, but it was fun to do.

As far as films, you were in two separate Oliver Stone movies: *Born on the Fourth of July* and *JFK*.

I had very little to do in *Born on the Fourth of July*. I had to push Tom Cruise into the Democratic Convention with John C. McGinley. We did this improv as we were shoving him through. I think Oliver was impressed I kept up with John C. He's just a verbal gymnast.

What was Stone like?

It's kind of like if you drank a bottle of booze and woke up from a fetid, sweaty dream, and there was somebody in the room. That would be Oliver Stone (laughs). You respect him and are frightened of him.

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Last Week: 1 / Weeks on List: 2



2. INFERNO Dan Brown

In the heart of Italy, Harvard professor of symbology Robert Langdon is drawn into a harrowing world centered on history's most enduring and mysterious literary masterpiece — Dante's *Inferno*.

Last Week: 2 / Weeks on List: 5

This Week

Last Week Weeks on List

- | | | |
|--|----|----|
| ★ 3. EYE OF GOD James Rollins | - | 1 |
| 4. THE GREAT DEGENERATION Niall Ferguson | 4 | 2 |
| 5. REVENGE WEARS PRADA Lauren Weisberger | 5 | 4 |
| 6. ZERO HOUR Clive Cussler | 6 | 5 |
| 7. SILVER STAR Jeannette Walls | 3 | 3 |
| 8. ONE HEART TO WIN Johanna Lindsey | 8 | 3 |
| ★ 9. BEAUTIFUL DAY Elin Hilderbrand | - | 1 |
| 10. DELICATE TRUTH John Le Carré | 10 | 8 |
| 11. THE SECRET RACE Tyler Hamilton | 11 | 2 |
| 12. FLIGHT OF THE EAGLE Conrad Black | 12 | 6 |
| 13. KILL ROOM Jeffery Deaver | 7 | 4 |
| 14. WAITING TO BE HEARD Amanda Knox | 14 | 2 |
| 15. TRANSATLANTIC Colum McCann | 15 | 4 |
| 16. WILD Cheryl Strayed | 16 | 13 |
| 17. LET'S EXPLORE DIABETES WITH OWLS David Sedaris | 17 | 10 |
| 18. RED SPARROW Jason Matthews | 18 | 3 |
| 19. BEST KEPT SECRET Jeffrey Archer | 9 | 9 |
| 20. DOUBLE CROSS Ben Macintyre | 20 | 7 |

Combined Fiction and Non-Fiction Bestsellers for the week, ending July 2nd

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2011	HYUNDAI SANTA FE	GL	AWD	WHITE	B5679	~~\$25,388~~	\$22,999	\$2,389	\$154
2010	NISSAN ROGUE	SL	AWD	SILVER	B5698	~~\$24,388~~	\$23,888	\$500	\$173
2008	HYUNDAI TUCSON	GL	AWD	GREY	B5711	~~\$18,388~~	\$17,888	\$500	\$157
2008	NISSAN ROGUE	SL	FWD	GREY	B5706	~~\$18,388~~	\$14,888	\$3,500	\$157
2011	KIA SORENTO	LX-7PASS	AWD	SILVER	B5697	~~\$26,388~~	\$23,888	\$2,500	\$159
2006	KIA SPORTAGE	LX	FWD	BLUE	B5728	~~\$13,388~~	\$11,888	\$1,500	\$139
2008	HYUNDAI VERACRUZ	GLS	AWD	BLACK	B5751	~~\$23,388~~	\$22,888	\$500	\$194
2010	CHEVROLET EQUINOX	LS	AWD	WHITE	B5724	~~\$23,388~~	\$19,999	\$3,389	\$166
2013	HYUNDAI TUCSON	GL	FWD	BRONZE	N33745A	~~\$25,388~~	\$23,888	\$1,500	\$154
2013	HYUNDAI TUCSON	L	FWD	WHITE	N33521A	~~\$23,388~~	\$22,888	\$500	\$138
2006	PONTIAC G5	PURSUIT	2DR	BLACK	N33819A	~~\$9,388~~	\$8,999	\$389	\$79
2006	FORD FIVE HUNDRED	SEL	4DR	GREY	B5741	~~\$10,388~~	\$9,888	\$500	\$84
2010	DODGE CHALLENGER	SE	2DR	BLACK	B5725	~~\$26,388~~	\$24,888	\$1,500	\$187
2008	SATURN ASTRA	XE	5DR	SILVER	N33601A	~~\$12,388~~	\$10,888	\$1,500	\$106
2010	HYUNDAI GENESIS	3.8 GT	2DR	BLUE	NB5716	~~\$26,388~~	\$24,888	\$1,500	\$193
2010	HYUNDAI ELANTRA	GL	4DR	GREY	B5671	~~\$15,388~~	\$12,999	\$2,389	\$109
2010	CHEVROLET MALIBU	LT PLAT	4DR	BLUE	N33707A	~~\$17,388~~	\$14,888	\$2,500	\$118
2011	HYUNDAI ELANTRA	GL	4DR	BLACK	B5692	~~\$17,388~~	\$16,888	\$500	\$106
2012	HYUNDAI SONATA	GL	4DR	BLACK	B5693	~~\$20,388~~	\$19,888	\$500	\$124
2007	HONDA FIT	SPORT	5DR	ORANGE	B5723	~~\$10,388~~	\$9,999	\$389	\$89
2008	NISSAN VERSA	S	4DR	BLUE	B5738	~~\$14,388~~	\$13,888	\$500	\$149
2010	MAZDA 3	GS	4DR	BLACK	B5735	~~\$17,388~~	\$16,888	\$500	\$179

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Jennifer Aniston. ALL PHOTOS GETTY IMAGES

Aniston engagement on the rocks over East Coast row

Wedding bells may not be ringing after all for Jennifer Aniston and Justin Theroux, as their marriage plans have reportedly stalled due to a dispute over where to live, according to Radar Online. "He suggested the couple could live in New York City part-time, no more than six months a year," a source

says. "Justin misses the Big Apple and his friends. His entire life was in New York, and he uprooted his entire life to move to L.A. to be with Jen. He thinks it's time Jen start to compromise, but she is absolutely refusing to live on the East Coast, even part-time."



Emma Watson

Abracadabra, she's famous ... even if she didn't know it

Despite making it big as a child actor, Emma Watson says she didn't actually feel famous until she got to college at Brown University. "It sounds stupid, or completely unbelievable, but that was when I realized that

I was famous," she tells Teen Vogue. "I think, in a way, I was very protected during Harry Potter because I was working all the time. I would get in the car, go to the studio and go home."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Brown continues bumbling his way around

Jeez, rough week Chris. Just two days after being accused of assaulting a woman in a San Diego nightclub, Chris Brown has been charged with a hit and run as well as driving

without a license by the Los Angeles City Attorney's office, according to E! News.

On May 21, Brown allegedly struck another car but refused to give his driver's license number and fled the scene.

His arraignment is set for July 15, and he faces up to six months in jail and a \$1,000 fine for each offense. It's unclear how the new charges will effect Brown's ongoing probation for his assault of Rihanna.



Victoria Beckham

No acting experience, no problem

Victoria Beckham thinks her husband, David, can do anything — even be the next to play James Bond.

"I think you would be really good at acting. I think you'd be great," Victoria tells David during a joint interview with Chinese news station CCTV. "I think he should be James Bond. He'd

be a good James Bond." David isn't so sure another career is exactly what he needs right now, though.

"I have some friends who are actors," David says. "Tom Cruise is a very good friend of ours. But I don't think I have any plans to become an actor. I'm not sure I'd be very good at it."



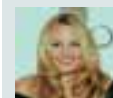
Heidi Klum

Klum committed to making Seal extinct

What's more final than a divorce agreement? How about getting a tattoo removed. Heidi Klum is apparently really, truly done with ex-husband Seal, as recent photos of the model seem to show that she is in the process of removing

a tattoo on her forearm that she got in 2008 to commemorate their fourth anniversary, according to Splash News. The tattoo is a stylized design of Seal's name, along with the initials of the three children they share.

Twitter



@AmandaBynes
OH MY GOD! THAT'S NOT ME! They morphed my face onto someone with a different face shape! I'm suing any site/magazine that shares that image!



@SethMacFarlane
Great day with Charlize Theron & Liam Neeson on A Million Ways to Die in the West. All I have to do as a director is observe & sip bourbon.



@TomArnold
How do the "I don't regret anything I've ever done" dudes teach their sons anything?



LEAF/VEER



MONKEY BUSINESS IMAGES/VEER

RBC INFINITE AVION
METRO CUSTOM PUBLISHING

NOT ALL CREDIT CARDS ARE CREATED EQUAL

These days, most credit cards are enhanced with points programs designed to give customers something extra for their dollars spent. But when it comes to premium travel rewards, RBC Infinite Avion card is a step above the rest.

“Avion really brings the statement ‘not all points are created equal’ to life,” says Andrea Metrick, director, retail credit cards, RBC.

Avion offers unmatched travel benefits with a policy of “any flight, any airline, anytime.”

“Clients can easily redeem their points for travel even during peak times like March break,” Metrick says. “There are no blackout periods or seat restrictions. And your points won’t expire, so you can save up for a really big trip if you choose. This really resonates with our cardholders.”

What do clients like most about Avion?

“Our customers are busy people who appreciate ease and convenience, but they also want flexibility and choice when it comes to redeeming their RBC Rewards points for travel and other rewards,” Metrick says.

Clients have the option of converting points to WestJet dollars, British Airways Avios, American Airlines AAdvantage miles, Cathay Pacific Asia Miles, Shoppers Optimum Points, or Esso Extra Points.

Another advantage is the ability to earn bonus points for any travel-related purchase (flights, hotels, car rentals, etc.).

“Instead of the usual one RBC Rewards point for every \$1 spent, you get an extra 25 per cent for travel purchases,” Metrick says.

“Customers can earn points even faster when shopping online through the RBC Rewards eMall, an exclusive e-commerce site where they can access more than 250 Canadian and U.S. retailers and earn points up to five times faster.

“Avion also provides great opportunities to use points for merchandise, gift cards and RBC financial rewards,” Metrick adds.

For example, a customer can convert their points to top up an RRSP or pay down an RBC loan or line of credit.

“It’s this kind of flexibility that really puts Avion cardholders in the driver’s seat.”



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Wave goodbye to boring

You've got it braided. Sweating the summer 'do dilemma? Weave together a Hollywood mane-stay and every hipster's must-have hairstyle.

TINA CHADHA
Metro World News

You love the Veronica Lake waves actresses such as Jessica Alba and Jessica Chastain

sport on the red carpet, but you just can't get over a dreamy braid crown, either (especially as temperatures continue to rise). Jenny Balding, styling and grooming expert at Cutler/Redken Salons, says to combine the two.

She shows us how to create a modern version of the popular retro trend by adding an oh-so-now braid to the mix.

"It's rock 'n' roll with the braid," says Balding. "And it's a way of getting the hair off your neck without having to do an updo."

Bring on the outdoor weddings!



Jessica Alba sweeps it to the side while Jessica Chastain brings her red hot tresses to the red carpet. GETTY IMAGES

Hairdo how-to

- Create a deep side part.
- Blow out your hair with a big round brush to give it volume.
- Using a 1-inch barrel curling iron, curl your whole head, working from mid-length to the ends only. Hold the iron vertically and wrap small sections of hair around the barrel toward your face. Only when doing the front of the hair, or bangs, wrap your hair around the barrel away from your face. Balding uses Redken's Fashion Works 12 for texture and grip.
- Once the hair has cooled, use a boar bristle brush to gently brush out curls.
- Next, section off hair underneath the part. Working at an angle, French braid the section halfway down the hair. Tie the braid with a clear elastic, such as Snag-Free Hair Elastics from Sephora, and sweep it across your shoulder underneath the waves.



Pre-style secrets

- Wash your hair the night before so it's clean but lived-in a little.
- Before starting, apply a volumizing lotion to the roots for body. Balding uses Redken's Rootful 06.
- For a polished finish, add a drop or two of argan oil from mid-length to ends.



Here comes the guide...

There are the stylish brides who wear the beautiful gowns and have their hair and makeup just so, and there are the stylish weddings, where everything from the bridal ensemble to the parting presents has the touch that makes it all seem special.

Vogue.com put together a wedding guide just in time for all those summer nuptials. The Associated Press asked editor Jessica Sailer Van Lith to put

together a list of signs that the affair will be one to remember:

It's personal

The wedding, from beginning to end, should seem like it belongs to the bride and groom, not like they've plugged into someone else's dream.

They've gone local

Couples can embrace the place they were so thoughtful in

choosing by offering touches of local cuisine, decor or music.

The bride looks like herself

She shouldn't look for a "perfect dress" because there are too many of those, says Sailer Van Lith. What a bride should want is the right dress, and from there it should be easy to pick everything that goes with it, she says.

THE ASSOCIATED PRESS

Fashion in a flash

There's a Rachel for that

Rachel Zoe is expanding her empire with a fashion app. The stylist/reality star/designer has partnered with social gaming company Crowdstar to launch Covet Fashion, a game that allows users to style virtual mannequins with current-season designer duds. **METRO**

Rock these summer music fest threads

We shed a spotlight on managing your mainstage look by pegging down a few style staples

RICHARD PECKETT
Metro World News

Superga classic flat plimsolls

\$76, asos.com

Superga could just be the new Converse. These low-slung plimsolls work with pretty much anything — and they're perfect for a messy festival weekend away.



Topman chino shorts

\$50, topman.com

Yep, they're a little bit Boy Scout but you're going to be spending your time in a tent, so they're fit for purpose. What we like best is the fact that you can cuff the hem to take full advantage of that glorious sunshine.



Topman grey classic T-shirt

\$14, topman.com

After a night on the booze, the last thing that you're going to want to do is have to make wardrobe choices, so keep it simple with this cheap and stylishly pared-down grey tee.



Lee Rider jacket L888DFUA

lee.com

Yeah, it might get a bit beaten up but that's part of the charm. Unlike the Rolling Stones, denim jackets get better with age.



Uniqlo slim fit straight jeans

\$50, uniqlo.com

There's nothing more rock 'n' roll than black jeans — and they hide the dirt well, too. Uniqlo's are slim without being super tight, so you should make it through the festival without any issues "down there."



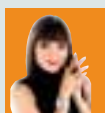
Urban Outfitters Cheap Monday black Physchometry sunglasses

\$37
urbanoutfitters.com

Name a rocker who doesn't like a Wayfarer-style? This pair is perfect for sun protection and hiding any hangovers.



Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



With the fab Bonnie. Rooks and @StevenAndChris @DesignExchange. For the opening @LouboutinWorld



Time for Tea! A fund-raiser for St. Mary's U. #NovaScotia My hat is by Toronto's David Dunkley.

One-minute miracle

The Sun

\$35 (43 ml), lush.ca

"Channel the warmth of summer days via fragrance with this orange-tangerine-sandalwood-infused — and vegan-friendly! — perfume. It's sweet but not too sweet. Think of it as happiness in a bottle, and tailor-made for warm, blissful, sunny days."

Ashley Kowalewski
TheKit.ca



FOR MORE FASHION AND BEAUTY NEWS YOU CAN USE, CATCH UP WITH THE KIT AT THEKIT.CA

Trends Report

- The Internet has turned many of us into virtual fashionistas, but with so many websites to navigate, online deals can be hard to keep track of. Go to Trends Report to learn more about how a Vancouver-based tech startup

has created a tool to help organize all your virtual shopping trips.

Visit metronews.ca/voices/trends-report to find out more.

Follow Irene on Twitter at @MetrolreneK

The Kit

Canadian street style

Spotted in: Toronto

Jenni
Music teacher
Age:26

What she's wearing

Sele floral dress, vintage leather purse (from her Nona's closet), American Eagle shoes, H&M sunglasses and belt.

Her inspiration

"The weather and comfort. I like feeling fresh and being comfortable in what I am wearing. In the summer you can always find me in a dress, right now my closet consists of only summer dresses!"

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM — AND A WEEKLY NEWSPAPER SECTION TOO!



Late '70s punk style hits home

Never had the courage to be a punk-rocker in high school? Well here's your change to add a bit of alternative attitude to your life; this time it's not in the form of your clothing, but your home. Think British flags, acid wash, skulls, neon, black and white. Punk decor is one of the most glamorous decorating trends happening today, so get with the trend this time around!



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

A mix-matched flag motif adds a bit of British punk to your floors. Hey Jack carpet tiles. \$18 each. FLOR.COM



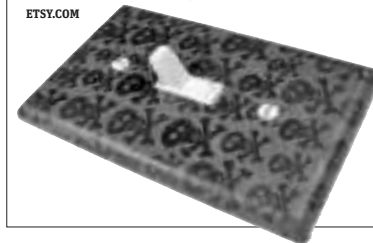
Black, white and grunge all over; just add neon coloured sheets for a punk vibe. Graffiti 5-Piece Comforter Set, \$70. HOMESENSE



Pricey but very designer-punk-chic! Porter Teleo's hand-painted Floral Graffiti Wallpaper, \$52 per square foot. PRIMAVERA.COM



Shed some light punk-rock style, and paint the room all black while you're at it. Modern Switch's Skull Decor Light Switch Cover, \$11. ETSY.COM



Mid-century modern gets the rocker denim treatment. Chichester Accent Chair, \$1,600. DECORIUM.COM

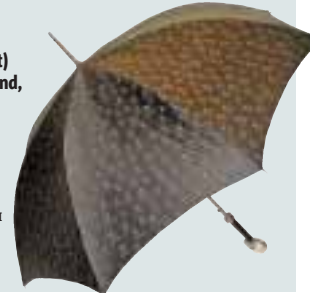
Pretty in pink — punk style. Large Insightful Skull Candle, \$48. URBANOUT-FITTERS.COM



A rebellious art school dropout now making it big, Suzanne MacRury's Black & Red Slash 36x60 mixed media painting, \$3,200. AGO.NET



Be the hippest (and driest) rebel around, Pasotti Skull and Crossbone Umbrella, \$195. RAIN-DROPSO.COM



How to beautify your own backyard

Working outdoors.

Having a stunning, well-maintained lawn shouldn't cause you to break the bank

Warm weather means spending more time outdoors, often in the company of friends and family.

Get your backyard ready for outdoor entertaining with a few helpful, budget-friendly tips from an all-new season of *I Hate My Yard*.

Cut it out

Cut away dead hanging limbs from your trees to prevent them from causing any damage during summer storms.

Trim it off

Trim any bushes that may be too close to the house as they can trap moisture and invite termites if left untrimmed.

Get healthy

Fertilize your lawn using a seed-fertilizer combination. Your lawn should be fertilized one to four times a year



We spend a lot of time outdoors in the summer, so make your backyard a beautiful place to be. ISTOCK IMAGES

to maintain a healthy, attractive and more resilient yard.

Weed out the bad

Weeds can be an eyesore and

can spoil the esthetic appeal of your backyard. While pulling weeds by hand can be labour intensive, it's a sure-fire way to eliminate them from your yard. Watering

weeds before pulling them softens the ground around them and makes them easier to pull. Another option is to wait until after it rains to pull weeds, which will help

to save on water usage over the summer.

Stay hydrated

Installing a sprinkler system can save you time and effort,

while ensuring that your lawn receives an appropriate amount of water. Installing the system on your own can save you thousands of dollars in labour, keeping your lawn green and lush on a tight budget.

A sprinkler system can also prevent you from using an excess amount of water on your lawn during summer months when spikes in water usage are more common.

Touch it up

Repair and stain your outdoor wooden structures, including any decks, fences, siding and furniture. This not only beautifies your landscape but also helps extend the life of your structure.

Light it up

Installing exterior lighting is an easy way to make warm evenings last even longer, while enhancing the esthetic appeal of your yard. Solar lighting is a popular option that can save on electricity usage — and electricity bills.

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metronews.ca
Thursday, June 27, 2013

HOME

19

Urban gardening: balcony to table

Living. Annie Novak gives us the dirt on starting our edible garden

Your lack of closet space certainly hasn't stopped you from shopping.

So why let your lack of outdoor space stop you from enjoying sweet pleasures such as fixing dinner with sprigs of basil from your own window box?

Annie Novak, urban farmer extraordinaire — she's the co-founder and farmer of Eagle Street Rooftop Farm, a 6,000-square-foot organic vegetable farm in Greenpoint, New York City — shows us how to get started.

First you need: The three essentials

1. Sunny spot: "Regardless of your space, it's light that plants need to grow," says Novak. "That's how they make food."

2. Deep pot: "For balcony gardening, the first thing that people need to know is that



Even in a small space, make sure you have enough sun to make sure your plants grow. ISTOCK IMAGES

plants ideally live in about 18-inch-deep soil," says Novak. "So you don't want to grow stuff in a yogurt container. You want to get a proper pot. The shallower the vessel the more evaporation and moisture loss in the soil, and the more stressed out the plants' roots will be."

3. Good dirt: "Buy a pot-

ting soil that has a compost blend in it," says Novak. "I do not recommend chemical fertilizers in your potting soil for the very simple reason that it's like having a cup of coffee — it gives you an energy boost for a minute and then after that you crash." Novak says key words to look for when buying your soil are: "compost, humus and

any product that comes from the ocean." She says, "A lot of bags will say, 'has seaweed in it' or 'enriched with lobster meal.' Almost any of those are going to be really good fertilizers that are added naturally to your soil."

Pick your crop

Once we have our sunny spot,

good soil and a deep pot, what are some easy vegetables to start off with?

"Tomatoes are not! I find it fascinating that people always plant tomatoes because tomatoes are actually more prone to bad care," Novak says.

"If you're a first-time gardener, it's not an easy crop to take care of. I hear so many

New to gardening?

Novak recommends growing:

Kale
Mint
Basil
Lettuce
Chives

complaints from people who are like, 'My tomatoes never make tomatoes!' And I say, 'Yeah, well, there are nine things going against you.' This is the logical way to think about it: The first thing all plants do is grow a root, and then they grow two leaves, and then after that they start growing more leaves. And once they have enough leaves and sunshine, then they're like, 'OK, we're set with our sugar, let's make flowers, fruits and seeds.' So if you're an apartment gardener and you're growing in a stressed environment, you want to grow plants where you eat the leaves, because plants are going to foliate no matter what you throw at them."

METRO

Tips

- **Start with seeds.** "One of the best reasons to grow your own food is so you can grow a purple carrot instead of an orange carrot," says Novak. "I like to grow things from seeds because when you buy the seed package you're choosing from a much larger range of varieties, like 13 kinds of mint, which is exciting. In the food we eat we're losing so much diversity, and it sounds cheesy, but the privilege and power of growing your own food is you get to be the person who keeps these amazing heirloom seeds out in the world."
- **Be responsible.** "If you have a terrace or a balcony, make sure that anything you put out there is heavy enough so that it will never fall off," says Novak. "With a rooftop, it's the same thing; you need to have safe access, a parapet that's the right height and then containers that are big enough that they won't blow off the roof."
- **Tomato fever.** "If you are fixated on tomatoes, start with cherry tomatoes," she says. "There's one variety called sun gold. It's a beautiful tomato, it's one of my favourites for gardening with kids."



Doing some urban gardening on your balcony? Make sure it doesn't fall off! ISTOCK IMAGES

SALES REPRESENTATIVE

Who We Are: Metro is Canada's most-read national daily newspaper brand. Metro targets YAMs (youthful, active metropolitans) and reaches more than 1.6 million readers daily and 3.9 million over the course of a week. Metro launched in Canada in Toronto in 2000 and in the spring of 2012, we launched in 6 new cities. In short — we're still growing!

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Tired steak kebobs, make room on the barbecue for a new Syrian twist

1. With a vegetable peeler, peel the eggplants lengthwise in strips, leaving strips of skin between each peeled strip. Then cut the eggplants into rounds 1 1/2 to 2 inches (4-5 cm) thick. Set aside.

2. In a bowl, mix the meat, dakka and salt. Preheat the barbecue. Oil the grill well with vegetable oil. Make little meatballs about the same size as the eggplant rounds.

3. Skewer the eggplant rounds and meatballs alternately onto the skewers, slightly flattening the meatballs between the eggplant slices as you do so. Grill for 8 to 10 minutes on each side, until the eggplant is ten-

Dakka

Dakka is a mix of spices. In Flavours of Aleppo, dakka boasts allspice (40 per cent), ground black pepper (30 per cent), crushed cinnamon (10 per cent), whole cloves (10 per cent), whole green cardamom (5 per cent) and ground nutmeg (5 per cent).

der. Serve hot with pita and bell peppers or hot peppers.

4. For a softer flavour, precook the eggplant and meatball skewers on the barbecue. Remove the eggplant rounds and meatballs from the skewers and arrange them on a buttered baking dish. Dot with butter. Add 1/2 cup (125 ml) of water. Cover and bake in the oven at 350 F (175 C) for 30 to 45 minutes. **RECIPES PRINTED WITH PERMISSION FROM FLAVOURS OF ALEPPO: CELEBRATING SYRIAN CUISINE BY DALAL KADÉ-BADRA AND ELIE BADRA (WHITE-CAP)**

Kebobs and Eggplant



This recipe serves four to six people. FROM FLAVOURS OF ALEPPO: CELEBRATING SYRIAN CUISINE

Ingredients

- 12 long, narrow eggplants
- 1 1/2 lbs (750 g) ground lamb or lean ground beef
- 2 tsp (10 ml) ground dakka
- 2 tsp (10 ml) fine salt

Quickly Made Falafels will disappear in a hurry too

For this Quickly Made Falafels recipe, falafel mix — ground chickpeas and spices — is usually sold, boxed, in most supermarkets.

1. Batter: In a large bowl, mix the falafel mix, baking powder, cumin and coriander with a fork. Add the water and egg. Mix well and let sit for 30 minutes. Heat 1 1/4 inches (3 cm) vegetable oil in a large pan. Form small patties with the help of a falafel press or by hand. Make a hole in the centre of each patty with your index finger.

2. Fry the patties for 1 to 2 minutes on each side in the hot oil until they become crispy. Set aside.

3. Sauce: In a bowl, mix the tahini, lemon juice, salt and yogurt together, gradually adding the water to obtain the desired consistency. Set aside.

4. To serve, arrange the falafels on a platter with a bowl of diced tomatoes, a bowl of diced pickled turnips and a



This recipe makes 12 - 15 patties. FROM FLAVOURS OF ALEPPO: CELEBRATING SYRIAN CUISINE

bowl of the tahini sauce.

5. To make sandwiches, crush two falafels in a small pita and fill to your liking with the accompaniments.

Ingredients

Batter

- 1 cup (250 ml) falafel mix (purchased)
- 1 tsp (5 ml) baking powder
- 1 tsp (5 ml) ground cumin
- 1 tsp (5 ml) ground coriander

- 3/4 cup (175 ml) water
- 1 egg, beaten
- vegetable oil for frying

Sauce

- 1/2 cup (125 ml) tahini (sesame seed paste)

- 2 tbsp (30 ml) fresh lemon juice
- 1/2 tsp (2 ml) fine salt
- 1 1/2 tbsp (22 ml) yogurt
- 1/2 to 3/4 cup (125 to 175 ml) water

Biscuits Mille-Feuille



1. Line an 8- x 8-inch (20 x 20 cm) pan with plastic wrap, draping the wrap over the sides.

2. In a pot, melt the chocolate on medium heat with the cream. Set aside half of the melted chocolate mixture and refrigerate.

3. Dip 10 biscuits in the coffee

Ingredients

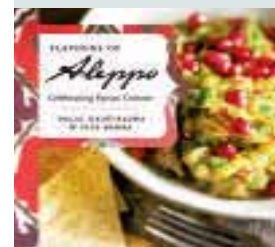
- 13 oz (400 g) 72% dark chocolate
- 1 cup (250 mL) 35% cream
- 60 tea biscuits (purchased)
- 3/4 cup (185 mL) strong espresso coffee or orange juice
- raspberries, for garnish

(making sure the whole biscuit gets dipped) and arrange in a layer on the bottom of the pan. Cover with a thin layer of chocolate. Repeat the biscuit and chocolate layers, making five layers and finishing with a biscuit layer. Bring the plastic wrap up over the biscuit to cover the Mille-Feuille (use more plastic wrap if needed). Refrigerate for 4 to 6 hours.

4. Re-melt the remaining chocolate and cream mixture on low heat. Remove the plastic wrap and turn the Mille-Feuille upside down onto a serving plate. Pour the melted chocolate otop and decorate with raspberries. Let the chocolate set and become cold before serving.

Cookbook of the Week

A unique cuisine



In Flavours of Aleppo: Celebrating Syrian Cuisine, Dalal Kadé-Badra and Elie Badra explore the cuisine of the country's second largest city.

Turkey, Greece, Armenia and the rest of the Levant have influenced Aleppian cuisine so the book includes versions of many classic Levantine dishes such as kabob, kibbeh (bulgar, onion and ground meat) and mezzes.

Also among the recipes are nearly 100 meat and vegetarian main and side dishes, barbecue bites, desserts, sweets and even drinks. **METRO**

NHL

'Warrior' Bergeron in hospital with punctured lung

Patrice Bergeron has a punctured lung and is at a Boston-area hospital for observation.

The Bruins forward was admitted Monday night, after Boston lost to Chicago, 3-2, in Game 6 of the Stanley Cup final.

Bruins general manager Peter Chiarelli and coach Claude Julien addressed Bergeron's status Wednesday.

"He played through all of this, and he was a warrior," Chiarelli said. "I can't say enough about his performance and what he did while being injured."

THE ASSOCIATED PRESS

World junior hockey

Sutter returning to Canadian bench

Brent Sutter will be back as head coach of Canada's national junior hockey team for the 2014 IIHF world junior championship in Malmö, Sweden, Hockey Canada announced Wednesday. THE CANADIAN PRESS

Wimbledon

Federer falls on chaotic Day 3

Seven-time champion Roger Federer was stunned by 116th-ranked Sergiy Stakhovsky in the second round of Wimbledon on Wednesday, his earliest loss in a Grand Slam tournament in 10 years.

The 27-year-old Ukrainian outplayed Federer, serving and volleying his way to a 6-7 (5), 7-6 (5), 7-5, 7-6 (5) win in one of the biggest upsets in Grand Slam history. The result capped a chaotic day where seven players were forced out by injuries, and Maria Sharapova fell in the second round. THE ASSOCIATED PRESS

CFL opener



"My whole goal is to go out there and lead my team to another championship."

Three-time Grey Cup winner Anthony Calvillo, whose Montreal Alouettes kick off the CFL season Thursday night at Investors Group Field in Winnipeg against the Blue Bombers.

Changes trumping championship talk

CFL. 'A lot of work to do' with a new offensive co-ordinator, plenty of fresh faces joining Riders

The 1989 Grey Cup is remembered in Saskatchewan primarily for "The Kick" — Dave Ridgway's game-winning field goal that gave the Roughriders their second CFL championship.

But it's also the only time since the league adopted an 18-game regular season in 1986 that a team just two years removed from a five-win season went on to win the Grey Cup.

That's not the only trend that favours the Roughriders this season. Saskatchewan is also aiming to become the third straight host team to hoist the Grey Cup, after B.C. and Toronto won at home in 2011 and 2012.

While the 2013 Roughriders would love for history to repeat, they're not ready to talk about it yet.

"We can't worry about the Grey Cup right now," said quarterback Darian Durant, returning for his fifth full season as starter.

"We have to take it one game at a time. If we focus on the Grey Cup we'll overlook every team in front of us. We'll deal with that when we come to it but right now we're focused on Edmonton and going 1-0."

This year's Riders actually more closely follow the footsteps of the 2007 Winnipeg Blue Bombers, who went 5-13 in 2005, replaced their head coach for 2006 and went 9-9.

In 2007, Doug Berry's second season as coach, the Bombers added a new offensive co-ordinator (Kit Cartwright) and top receiver (Terrence Edwards) en route to the Grey Cup game, which they lost to Saskatchewan.

Sound familiar?

Saskatchewan's 5-13 record in 2011 led to a massive house-cleaning that included bringing Corey Chamblin on board as head coach.

The Roughriders were 9-9 in 2012 and, this January, traded for six-time all-star slot-back Geroy Simon three days after replacing Bob Dyce with George Cortez as offensive co-ordinator.

Cortez will be Durant's fifth offensive co-ordinator in



Riders quarterback Darian Durant passes to running back Kory Sheets during pre-season action last Thursday in Calgary. Durant says learning new offensive co-ordinator George Cortez's system is an ongoing process. LIAM RICHARDS/THE CANADIAN PRESS



Dave Ridgway, right, celebrates his game-winning kick with holder Glen Suitor in the Riders' win over the Ticats in the 1989 Grey Cup. JEFF GOODE/TORSTAR NEWS SERVICE

as many years since becoming Saskatchewan's No. 1 QB.

Dyce remains with the Riders as special-teams co-ordinator after Craig Dickenson left for Winnipeg.

"He's bringing in his system," Durant said of Cortez, who was fired as Hamilton's head coach after guiding the Tiger-Cats to a 6-12 record in 2012. "It's a totally different system than we had and everyone's still learning."

Immediately prior to his

stint with the Ticats, Cortez spent two years as quarterbacks coach for the NFL's Buffalo Bills and three years as the offensive co-ordinator for the Stampeders.

"It's one thing to have a system but when you come in, we don't have Nik Lewis and (Ken-Yon) Rambo and (Jermaine) Copeland and those types of receivers he had (in Calgary)," Durant said.

"So even though it's his system, he still has to adjust

Class in session

"We're learning him, learning his tendencies, learning what he likes and being ready to execute the tendencies he likes ... (but) he has to learn us too."

Quarterback Darian Durant on new offensive co-ordinator George Cortez

it to the personnel he has too and ... it's going to take some time, but I'm comfortable with where we are."

Saskatchewan opens its season Saturday in Edmonton against the Eskimos and plays its home opener July 5 against the Calgary Stampeders.

"We still have a lot of work to do," said Durant. "I think we're in good shape. We're healthy. But we have to make sure that we're all in."

The 101st Grey Cup will be played Nov. 24 at Mosaic Stadium.

THE CANADIAN PRESS

4 SPORTS

Football season is upon us. With the regular season kicking off this week, here's a look at how the standings will shake down when the dust has settled:

THE CANADIAN PRESS

1

B.C. Lions

There's certainly a different look to the B.C. squad that finished atop the West Division last year. Gone are defensive tackle Khalif Mitchell (to Toronto), backup quarterback Mike Reilly (to Edmonton), receivers Geroy Simon (to Saskatchewan) and Arland Bruce III (released) and cornerback Byron Parker (released). The Lions also brought back receiver Emmanuel Arceneaux following two seasons in the NFL. The CFL's top-ranked defence helped B.C. follow up its 2011 Grey Cup championship campaign by posting a league-best 13-5 record under rookie head coach Mike Benevides. CP prediction: 1st in the West



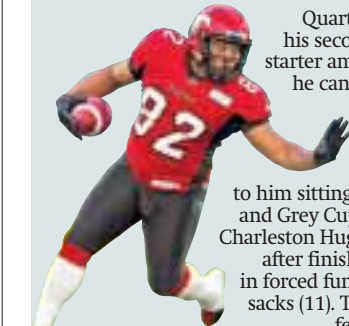
With receivers Arland Bruce II and Geroy Simon no longer with the team, Corey Williams could be busy hauling in passes from QB Travis Lulay.

JEFF MCINTOSH/THE CANADIAN PRESS

2

Calgary Stampeders

Quarterback Drew Tate begins his second straight season as the starter amid questions on whether he can stay healthy. A fractured bone in his right wrist in Calgary's West Division semifinal win over Saskatchewan led to him sitting out the conference final and Grey Cup game. Veteran lineman Charleston Hughes anchors the defence after finishing tied for the CFL lead in forced fumbles (five) and second in sacks (11). The addition of all-star defensive back Jonathan Hefney should help strengthen the secondary. CP prediction: 2nd in the West



QB Drew Tate has trusty weapons in RB Jon Cornish and SB Nik Lewis, pictured.

LIAM RICHARDS/THE CANADIAN PRESS

3

Saskatchewan Roughriders

It's Saskatchewan's turn to try to win the Grey Cup as the host city. The Riders will attempt to become the third straight team to achieve the feat. GM Brendan Taman was busy tweaking his roster this off-season, signing free-agent defensive linemen Ricky Foley and John Chick and defensive back Dwight Anderson. But his biggest move was acquiring veteran slotback Geroy Simon from B.C. after 12 seasons there. Simon, the CFL's all-time receiving yards leader, was limited by hamstring injuries in 2012 and had just 54 catches for 700 yards. CP prediction: 3rd in the West



Slotback Weston Dressler is coming off a 1,206-yard, 13-TD season.

LIAM RICHARDS/THE CANADIAN PRESS



Running back Hugh Charles will be relied upon to help take pressure off of quarterback Mike Reilly.

DARRYL DYCK/THE CANADIAN PRESS

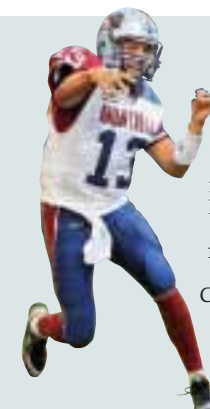
4

Edmonton Eskimos

Mike Reilly starts at quarterback with incumbent Matt Nichols out with a season-ending knee injury sustained in a pre-season game. Reilly appeared in six games last year (three starts) with B.C. before being acquired in an off-season trade. Running back Hugh Charles (1,409 yards rushing) and slotback Fred Stamps (70 catches, 1,310 yards, nine TDs) are both big-time offensive weapons. CP prediction: Last in the West



Forecasting divisional rankings



QB Anthony Calvillo, pro football's all-time passing leader, returns for a 20th CFL season.

TORSTAR NEWS SERVICE FILE

5

Montreal Alouettes

Dan Hawkins begins his first season as a CFL head coach having the unenviable task of following Marc Trestman, who led Montreal to a 59-31 regular-season record and two Grey Cups. One factor working in Hawkins' favour is veteran quarterback Anthony Calvillo. Pro football's all-time passing leader returns for a 20th CFL season and surpassed the 5,000-yard plateau three times under Trestman. Newcomer Arland Bruce III should bolster a solid receiving corps already featuring 1,000-yard veterans S.J. Green and Jamel Richardson. CP prediction: 1st in the East

6

Toronto Argonauts

Jeff Johnson hoists the Grey Cup last November at Rogers Centre in Toronto.

TORSTAR NEWS SERVICE FILE



No one has a tougher act to follow than Scott Milanovich, who led Toronto to victory in the 100th Grey Cup as a rookie head coach. Veteran quarterback Ricky Ray returns as does explosive receiver/kick-return Chad Owens, the CFL's top player last season, and Grey Cup MVP running back Chad Kackert. Tackle Kevin Huntley is the lone returning player from the team's defensive line. CP prediction: 2nd in the East

7

Hamilton Tiger-Cats

New head coach Kent Austin looks to get Hamilton back into the playoffs without home-field advantage. The Ticats will play their home games in Guelph, Ont., while a new venue is built where Ivor Wynne Stadium once stood. Austin, who led the Riders to the '07 Grey Cup, should have a potent offence spearheaded by QB Henry Burris, but the club will miss disgruntled Chris Williams, who remains in a bitter contract dispute. Williams was the club's leading receiver and had a team-record 17 TDs last year. CP prediction: 3rd in the East



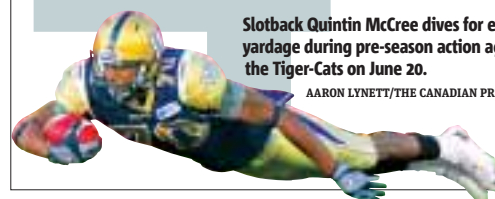
New Tiger-Cats coach Kent Austin

THE CANADIAN PRESS FILE

8

Winnipeg Blue Bombers

After a year of waiting, the Bombers will finally open Investors Group Field and do so with off-injured Buck Pierce under centre. The club needs Pierce to stay healthy to return to the CFL playoffs. There's strength at the skill positions with running backs Chad Simpson and Chris Garrett along with receivers Terrence Edwards and sophomore Chris Matthews. Two years ago, a rugged defence helped lead the Bombers to the Grey Cup game. Head coach Tim Burke was the defensive co-ordinator then and a return to that form would also be paramount for Winnipeg to return to the CFL title game. CP prediction: Last in the East



Slotback Quintin McCree dives for extra yardage during pre-season action against the Tiger-Cats on June 20.

AARON LYNETT/THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20

You may not be able to explain why something feels right but you know better than to ignore your instincts. Creatively and romantically, you are entering a positive phase. Own it.

Taurus

April 21 - May 21

Don't worry too much about pleasing everyone today because chances are you won't succeed. Instead, decide what it is that needs to be done and just get on with it.

Gemini

May 22 - June 21

You would not be human if what you hear today does not bruise your ego, but you don't have to make a big deal of it. A week from now, it will have no meaning at all.

Cancer

June 22 - July 23

Someone you do business with will offer you some sort of deal, one that could make you a lot of money. That's great but keep your wits about you because it may not be as wonderful as they would like you to believe.

Leo

July 24 - Aug. 23

Venus, planet of emotional and material values, moves into your birth sign today and almost immediately your mood will improve. It will improve even more if you share your love of life with other people.

Virgo

Aug. 24 - Sept. 23

Unexpected events could disrupt your plans over the next 24 hours but it's nothing to worry about. While Mercury, your ruler, is moving retrograde you would be wise to take nothing at face value.

Libra

Sept. 24 - Oct. 23

Venus, your ruler, moves into the friendship area of your chart today, encouraging you to be even more outgoing. A social event could lead to new experiences and maybe even a new relationship.

Scorpio

Oct. 24 - Nov. 22

Cosmic activity in one the best areas of your chart helps you believe all things are possible. People may say you are being overly optimistic but that's not how you see it — and how you see it creates your reality.

Sagittarius

Nov. 23 - Dec. 21

There are many good things going on in your world, many opportunities waiting to be exploited. So why are you hesitating? There will never be the perfect time to take action, there will only ever be now.

Capricorn

Dec. 22 - Jan. 20

Someone will make you a tempting offer and although you may want to take it, you can't help thinking there is a catch. Don't worry — there isn't.

Aquarius

Jan. 21 - Feb. 19

Partnerships of all kinds are under good stars today, so if there is someone you want to get close to, one-to-one, now is the time to make your move. You're not as dispassionate as some people say. Prove it.

Pisces

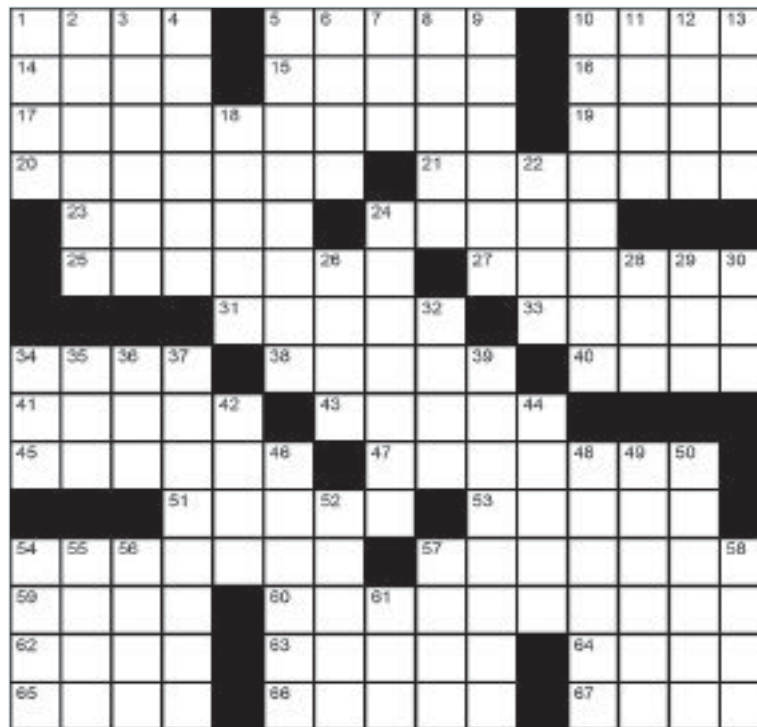
Feb. 20 - March 20

No matter how much of an expert you are, there will always be someone who knows more than you. The planets suggest you will meet such a person today. Learn something new. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Theo __, "Canadian Idol" Season 6 winner
5. "You can __ horse to water..."
10. Jiffs
14. Norwegian king, variantly
15. Go on __ (Try Jenny Craig, say)
16. Birthstone
17. Saskatchewan's CFL team's website, __.com
19. Greek salad cheese
20. Tidy up again
21. Kick up a fuss
23. Birth-related
24. Singer, Billy Ray __
25. Bee participant
27. Resounded
31. Boundary lines
33. " __ Tonk Women" by The Rolling Stones
34. Stoker of scary stylus
38. Son of The Munsters
40. Summers: French
41. Type of headache
43. MP from Newfoundland, Scott __
45. Plum __, Manitoba
47. One holding the retractable measuring device, say
51. Houston's home
53. People: German
54. Filing __
57. 1967 Sam & Dave hit: 2 wds.
59. CEO's "Quick!"



60. Michael J. Fox's "Back to the Future" (1985) role: 2 wds.
62. " __, Interrupted" (1999)
63. Carpentry tool
64. Caddie's pieces
65. Not difficult
66. Uptight
67. "Scor" add-on

(Director Martin)

Down

1. Unit of pressure
2. Martians
3. Like a Marx Brothers comedy
4. Slender
5. "O Canada" music composer, Calixa __

(b.1842 - d.1891)

6. __-__-Chief (News-paper job)
7. Garlic: French
8. Actress, Julie __
9. Pied- __ (Temporary housing)
10. Type of tap dancing
11. Bit of the French

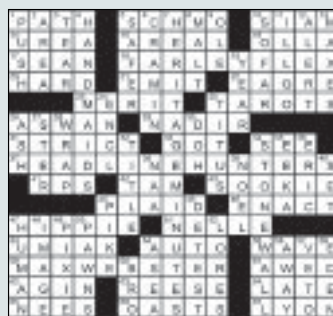
part of "O Canada":
"Car ton bras sait porter l' __ / Il sait porter la croix!"
12. Some pets
13. Blinds strip
18. Domain
22. "Band-Aid ..quick!"
24. Lists at the end of movies

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

26. Approx. take-offs
28. Ottawa's prov.
29. Make money = __ out a living
30. Prefix to 'functional'
32. Earth's crust layer
34. Particular letters for a grad
35. Summer Olympics site in 2016
36. Babylonian sky god
37. In math, do this: x
39. Company's worker
42. Visible
44. No- __ - __ (Biting midge)
46. Excused from
48. Fines
49. Money-from-the-wall charge: acronym + wd.
50. Tennis great Mr. Fraser's
52. Charles Dickens novel, __ of Two Cities: 2 wds.
54. Coop
55. __ Minor
56. Pubs
57. Catch trains at them, for short
58. NASDAQ rival
61. Sprinted

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

25°/13°

Thundershowers

40%

Friday

24°/12°

Sunny

Know what the weather will be 14 days from now.

Check the 14 day trend.

TWN incorporates MSC data



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